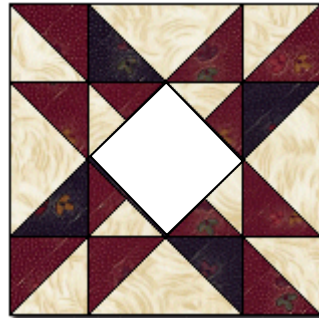


October is Breast Cancer Awareness month!

This makes a 12 1/2" block!



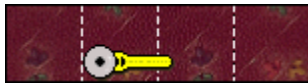
This quilt will be donated to the Healthy Woman program in Ponca City in conjunction with the Pink Heals Tour and Painting Ponca Pink 2012. Proceeds benefit breast cancer research, and for local women who cannot afford mammograms.

** Preparing the Pieces and Sewing the Block **



Start by cutting the Black into four 3 1/2" squares.

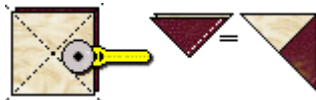
Cut one White 5" square of fabric. This center square is your signature block; write your name and the loved one you lost to cancer.



Then cut the Hot Pink into four 3 1/2" squares, one 4 1/4" square, and one 3 7/8" x 7 3/4" strip.



Next cut the Light Pink into four 3-1/2" x 6-1/2" rectangles, one 4 1/4" square, and one 3 7/8" x 7 3/4" strip.



Now stack the Hot Pink and Light Pink 4-1/4" squares right sides together. Using a cutter and ruler, cut them in half on each diagonal to make four Quarter Square triangles of each. Now use a 1/4" seam to stitch together pairs of contrasting triangles to make four pieced Half Square Triangles. Press seams to darker sides.



Next speed piece the Half Squares, by stacking the Hot Pink and Light Pink 3-7/8" x 7-3/4" strips, right sides together and all edges aligned.

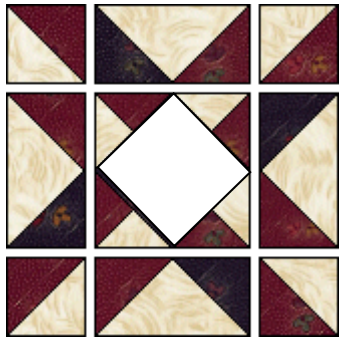
On the back of the top strip, lightly mark the 3-7/8" square line and mark the diagonals in the direction shown at left. Now sew a scant 1/4" above and below the marked diagonals, pivoting at the square lines. Now cut apart on the marked diagonals, and on the 3-7/8" square line. This will give you four half squares. Press seam allowances towards the darker fabric. Square these up to 3-1/2" if needed.



To make a side unit, place a Hot Pink square right sides together atop the left end of a Light Pink rectangle, with outer edges aligned. On the back of the top square lightly mark the diagonal. Sew on this diagonal marking. Cut off the excess seam allowance. Press the remainder towards the corner. Repeat this with a Black square on the other end of the rectangle. Make four of these units...



Then, using a 1/4" seam allowance, sew a pieced Half Square Triangle right sides together to opposing sides of the White square. Press seams out towards the corners. Add pieced Half Square Triangles to the remaining two sides of the center square in the same manner. This should measure 6 1/2" square.



Now lay out all units as shown at left. Using a 1/4" seam, sew three horizontal rows. Join those rows to complete your Friend's Star block! This Block should measure 12 1/2".

Unfortunately the block will come out a perfect 12 1/2" square but there is no way to achieve this without cutting off the points of the triangles.

We apologize for the errors found in the original pattern. We regret not making the block ourselves before the bus trip. With these instructions you should have no issues. Please feel free to make any 12 1/2" block for our Breast Cancer Awareness project, every block you make is made with Love and purpose.

Drop off your completed block Completely Quilted not later than November 30th. Quilt will be completed by Staff and Quilted by Completely Quilted. Thank you!